
Interventional Pharmacology: *Now And The Future*

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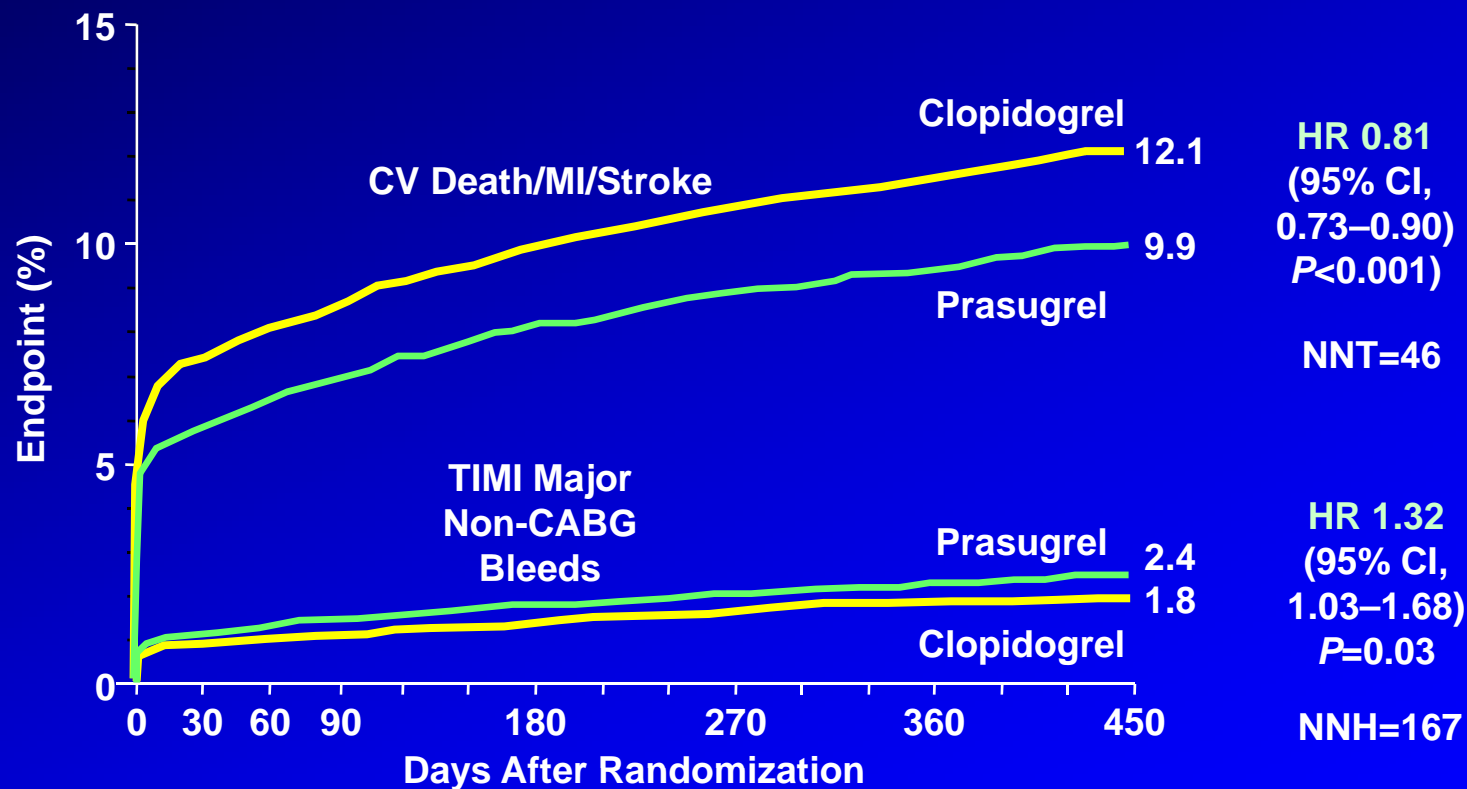
Currently Available Oral Antiplatelet Agents

DRUG	DRUG CLASS	CLINICAL CHARACTERISTICS
Aspirin	COX-1 inhibitor	PO, Irreversible binding
Ticlopidine	P2Y ₁₂ (ADP) receptor antagonist	PO, Irreversible binding
Clopidogrel	P2Y ₁₂ (ADP) receptor antagonist	PO, Irreversible binding
Prasugrel	P2Y ₁₂ (ADP) receptor antagonist	PO, Irreversible binding
Cilostazol	PDE inhibitor; Increase cAMP	PO, Reversible inhibition

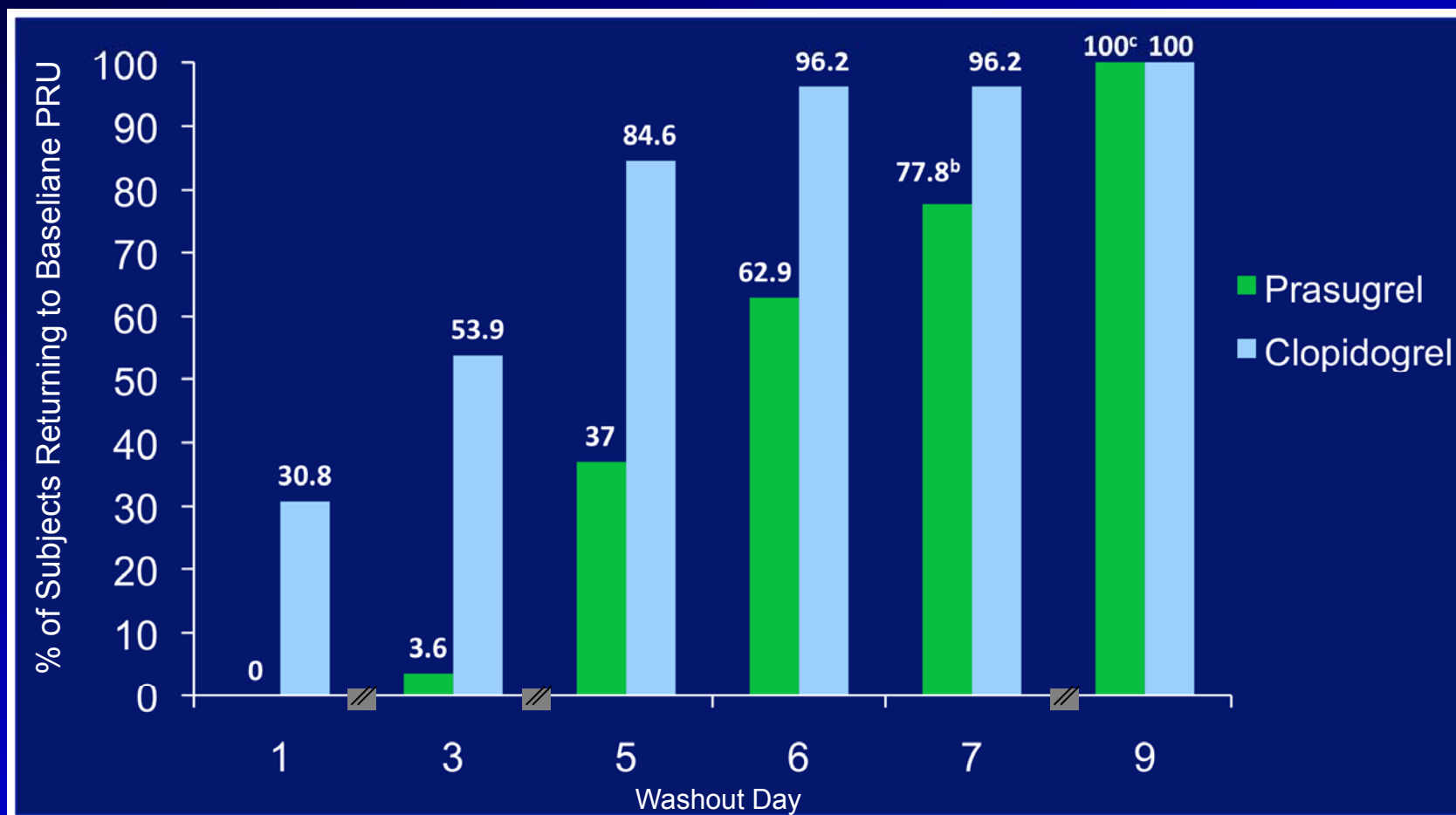
COX = cyclooxygenase; ADP = adenosine diphosphate; PDE = phosphodiesterase

Current State Of P2Y₁₂ Inhibition: Can We Do Better?

TRITON-TIMI 38: Prasugrel vs Clopidogrel in ACS Treated With PCI



The RECOVERY Trial: Duration Needed To Return To Baseline Function With The Thienopyridines



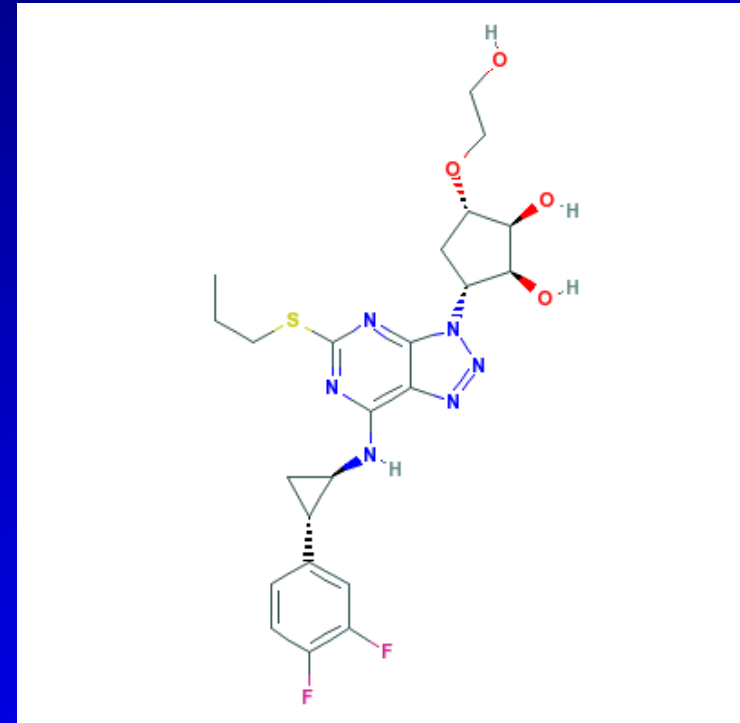
^aReturn to baseline is defined as the return to within 60 P2Y₁₂ reaction units (PRUs) of baseline PRU value determined prior to thienopyridine therapy

^bThe day on which the proportion of subjects returning to baseline PRU in the prasugrel group is closest to that attained by the clopidogrel group on Washout Period Day 5

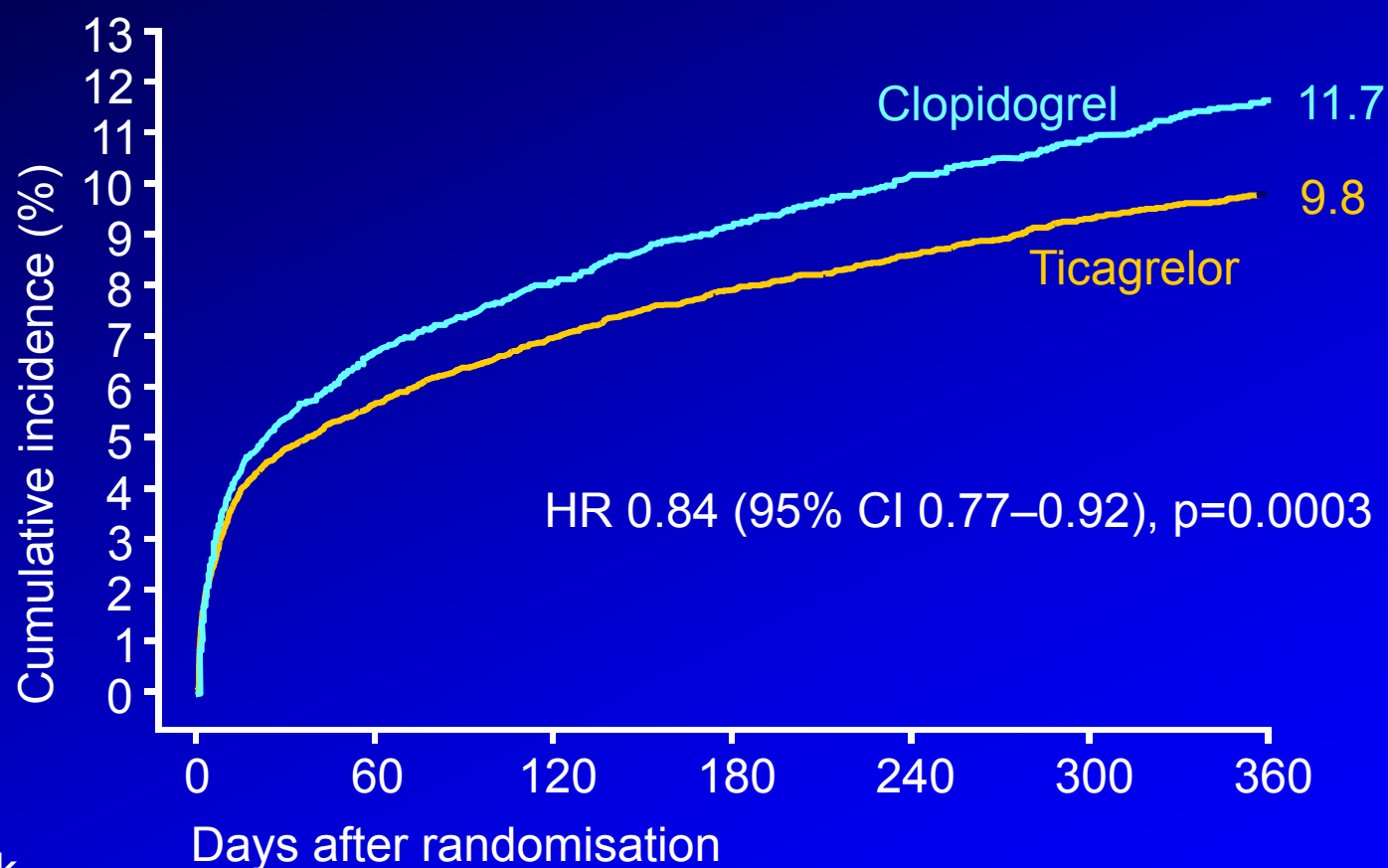
^cThe day on which the proportion of subjects returning to baseline PRU in the prasugrel group is closest to that attained by the clopidogrel group on Washout Period Day 7

Ticagrelor: Pharmacology

- **Class:** *Cyclopentyl-triazolo-pyrimidine (CPTP)*
- **Mechanism:** Direct inhibition of the P2Y₁₂ receptor (no metabolic activation required).
- **Onset of action:** Rapid, max reached at < 2 hrs
- **Administration:** Oral
- **Plasma $t_{1/2}$** \approx 10-12 hours (bid drug)
- **“Off-target” effects:** Blocks adenosine reuptake by RBC's



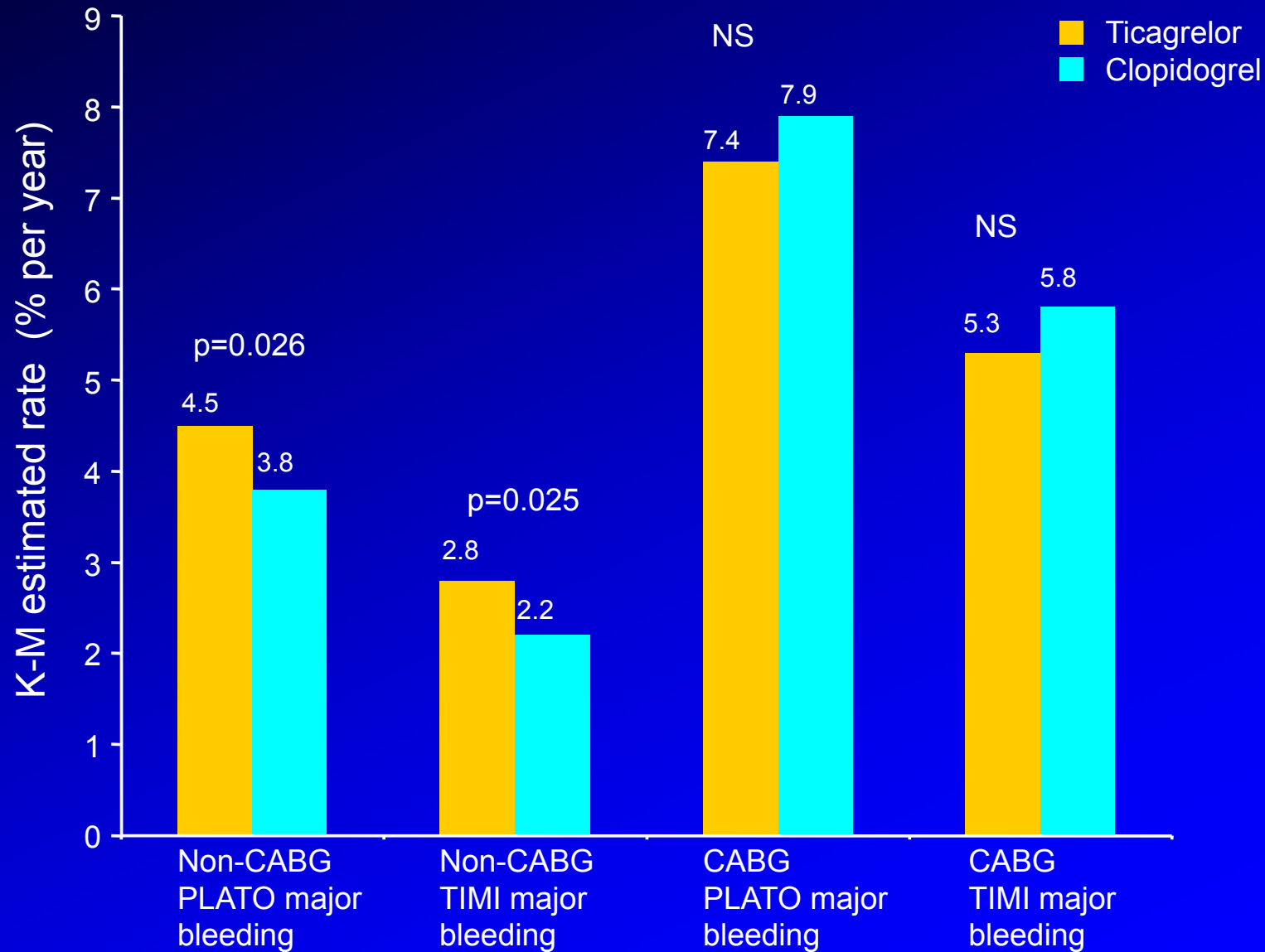
PLATO: Time to first primary efficacy event (CV death, MI or stroke) – Ticagrelor vs Clopidogrel



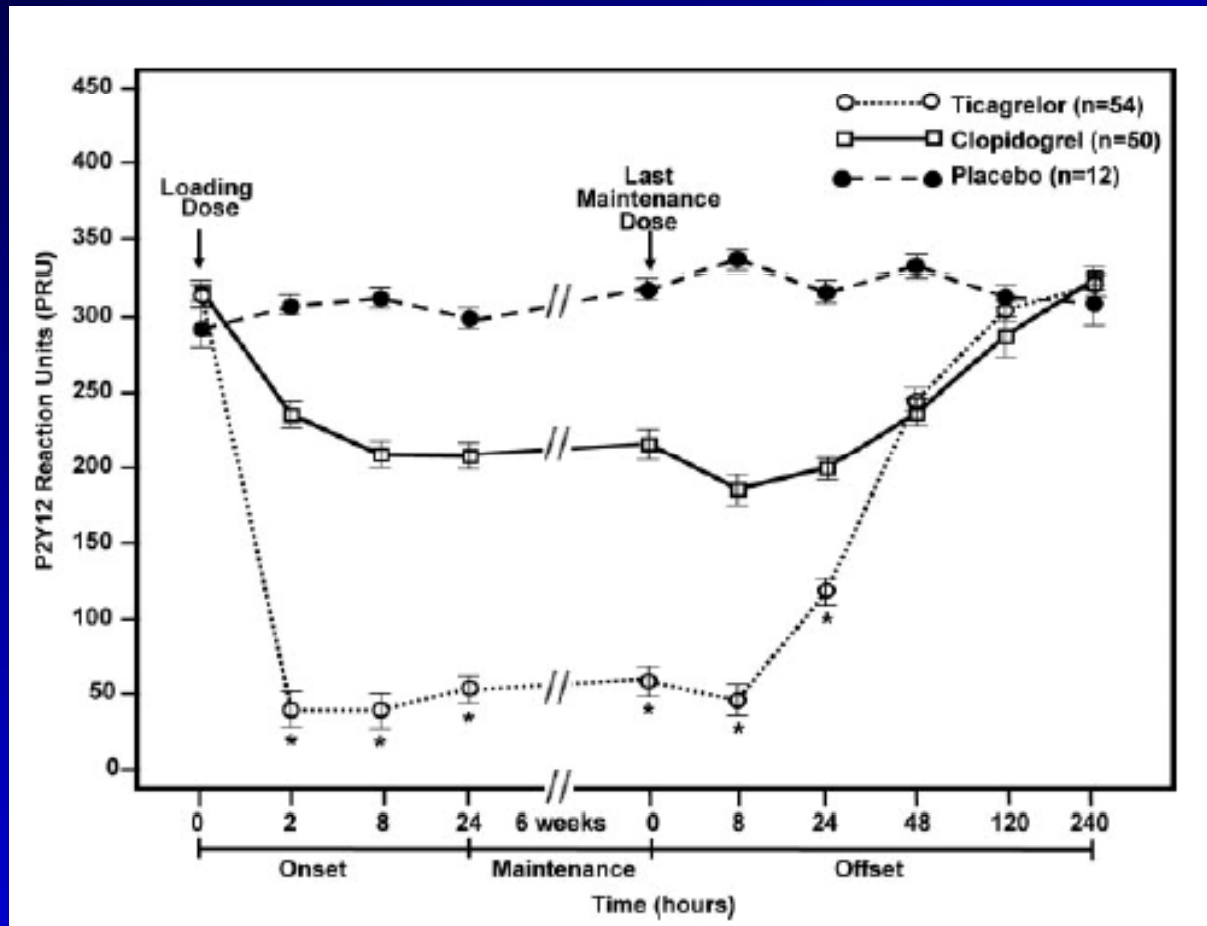
No. at risk

Ticagrelor	9,333	8,628	8,460	8,219	6,743	5,161	4,147
Clopidogrel	9,291	8,521	8,362	8,124	6,743	5,096	4,047

PLATO: Non-CABG and CABG-related major bleeding

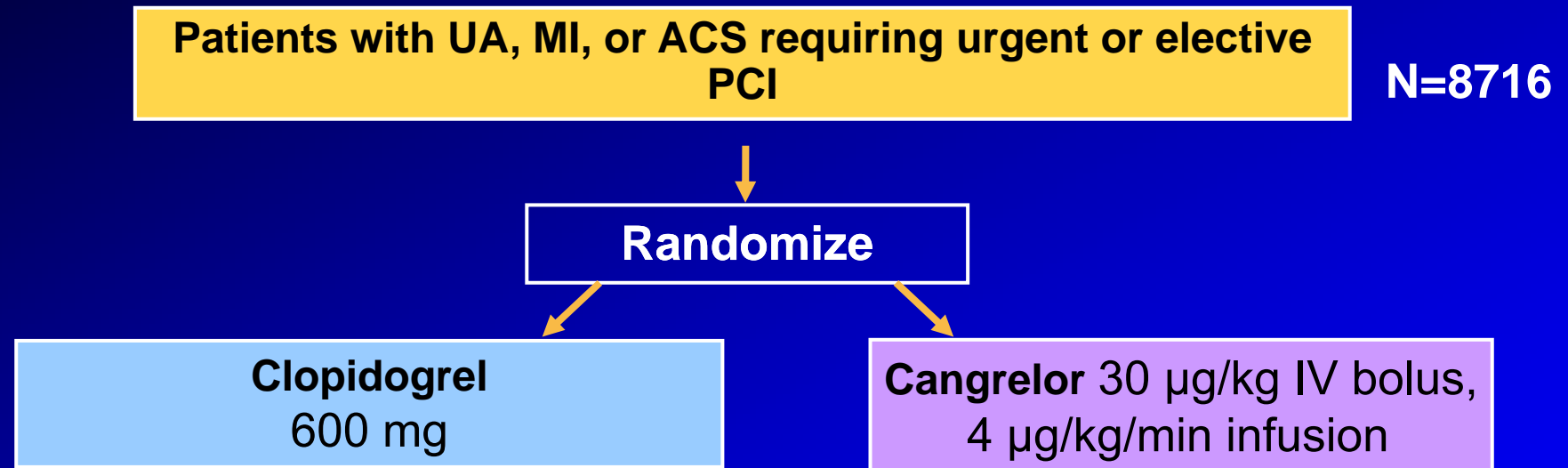


ONSET/OFFSET: Duration Until Complete Recovery After Ticagrelor MD Is Similar To Clopidogrel MD



“ticagrelor should be discontinued 7 days prior to surgery if a patient is to undergo elective surgery and antiplatelet effect is not desired” – EMEA for ticagrelor

CHAMPION-PCI: Cangrelor versus Standard Tx to Achieve Optimal Management of Platelet Inhibition

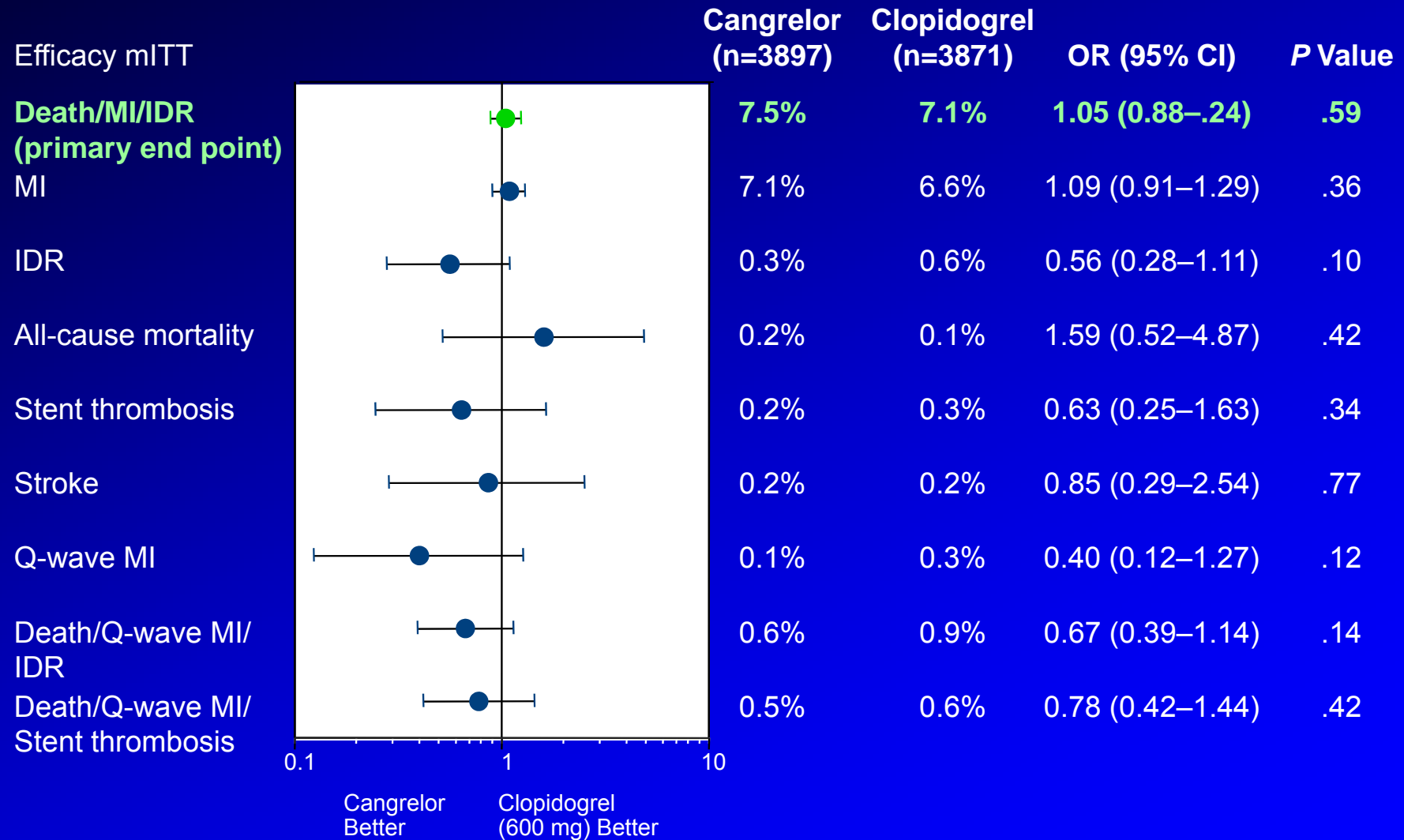


Primary Objective: Superiority of cangrelor versus clopidogrel for PCI

1° end point: all-cause mortality, MI, or IDR at 48 hours
2° end points: all-cause mortality and MI at 48 hours

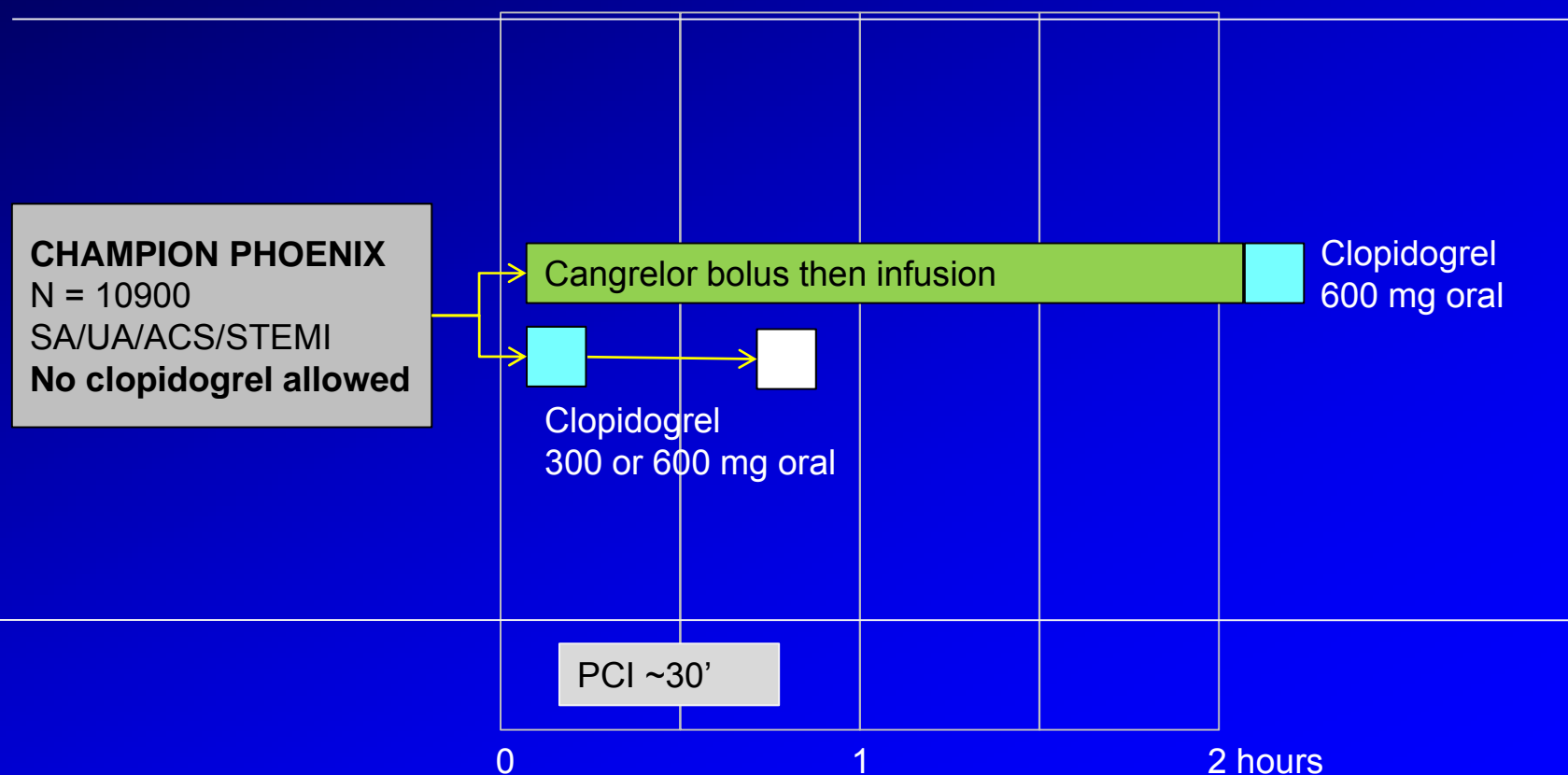
IDR, ischemia-driven revascularization.

CHAMPION PCI: Efficacy End Points at 48 Hr

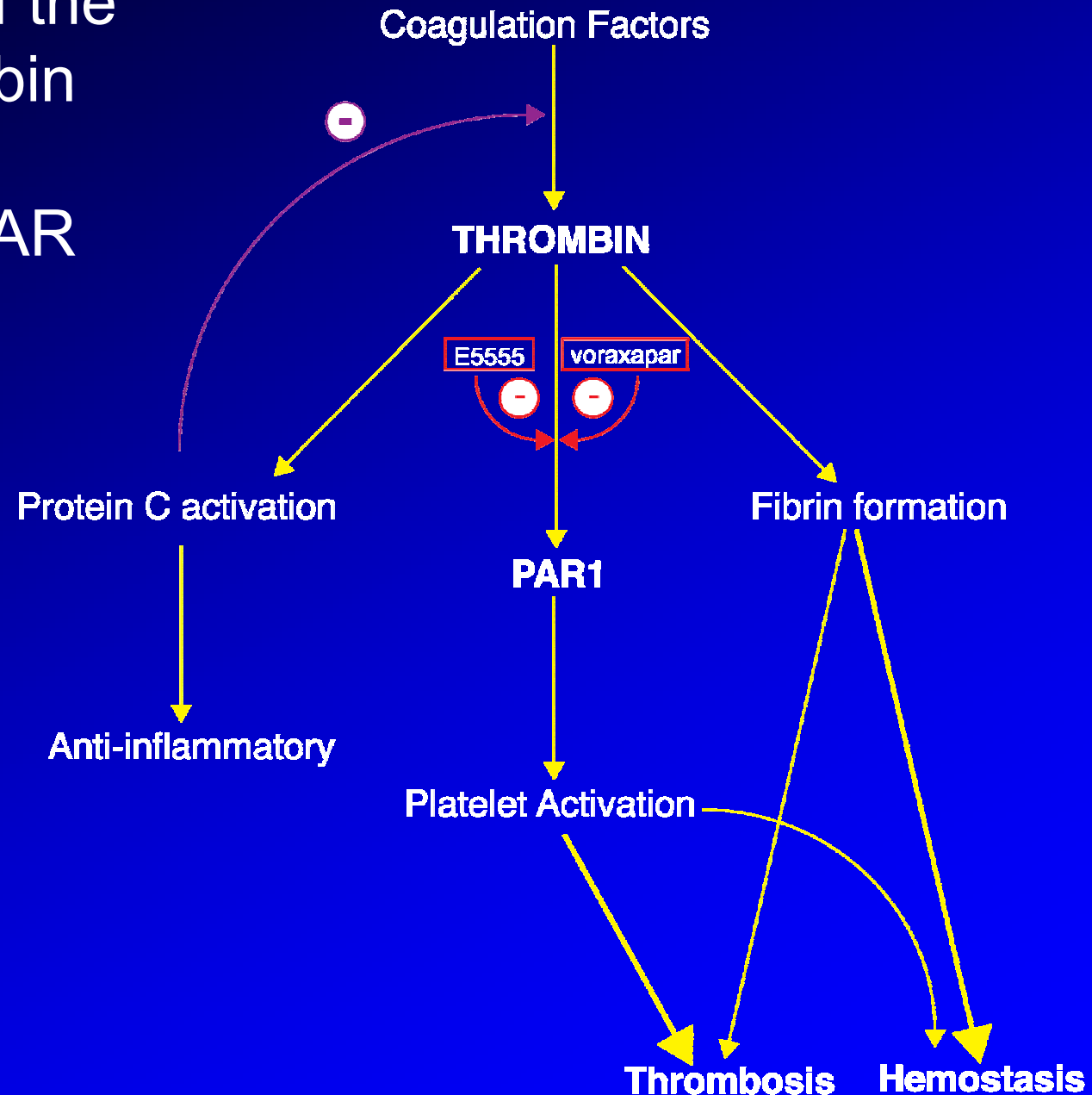


PHOENIX – Trial schematic

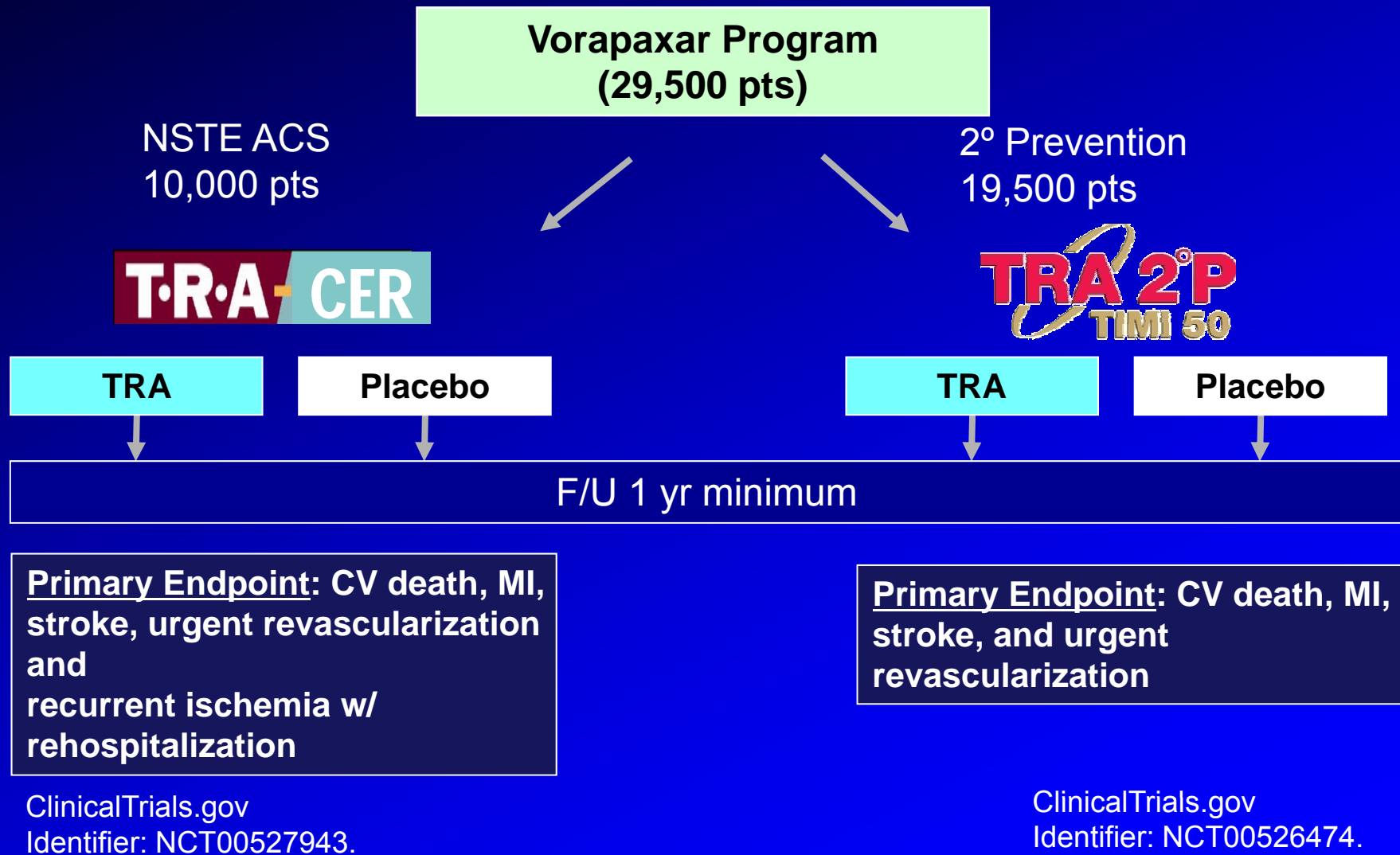
- Randomized, double blind, double dummy, superiority
- Cangrelor (bolus +infusion for 2 hr) compared to usual care clopidogrel
- Primary efficacy endpoint : Death/MI/IDR/ST at 48hr



The Promise of the Platelet Thrombin Receptor Antagonists (PAR inhibitors)



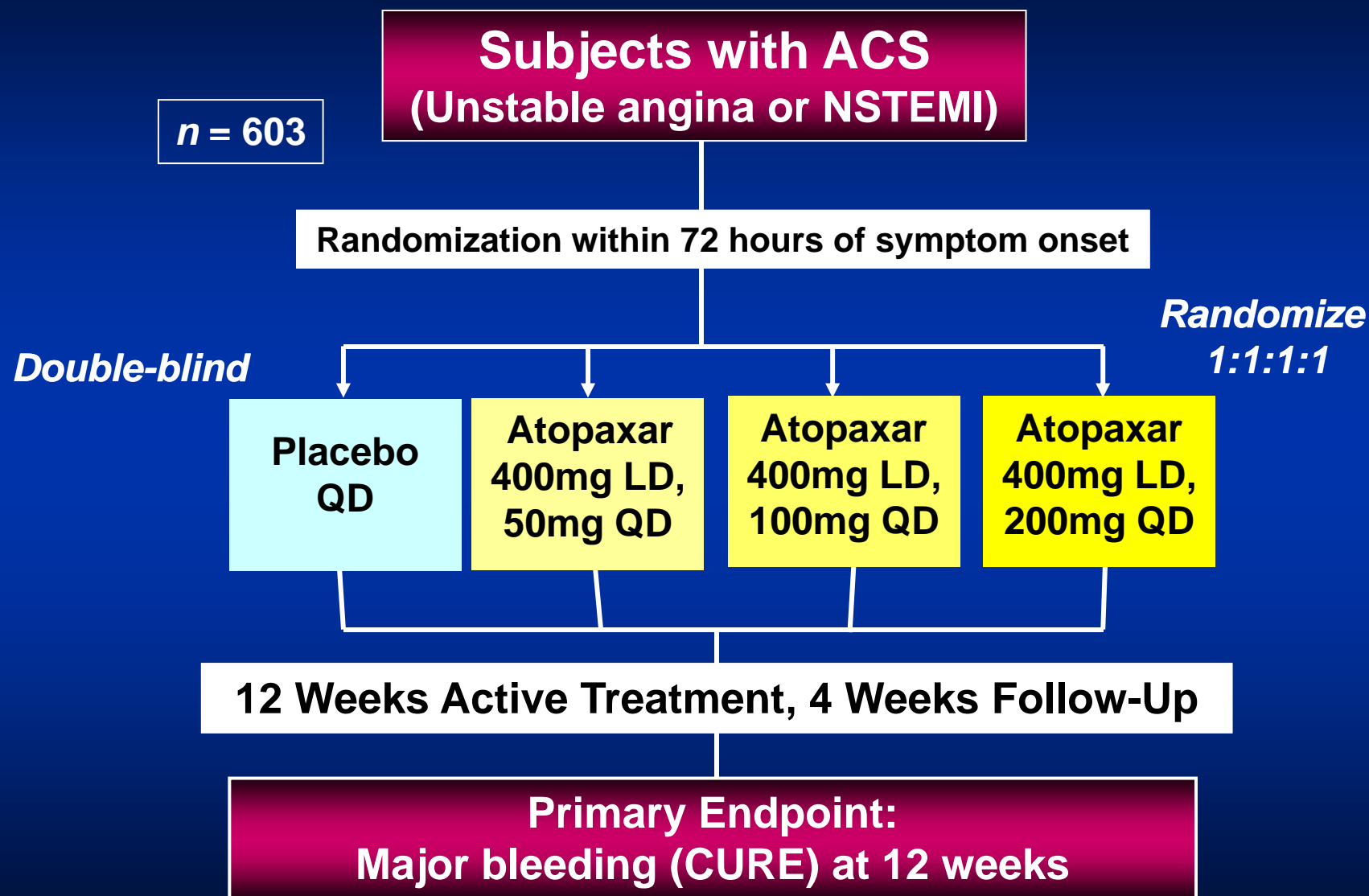
Vorapaxar: Thrombin Receptor Antagonism



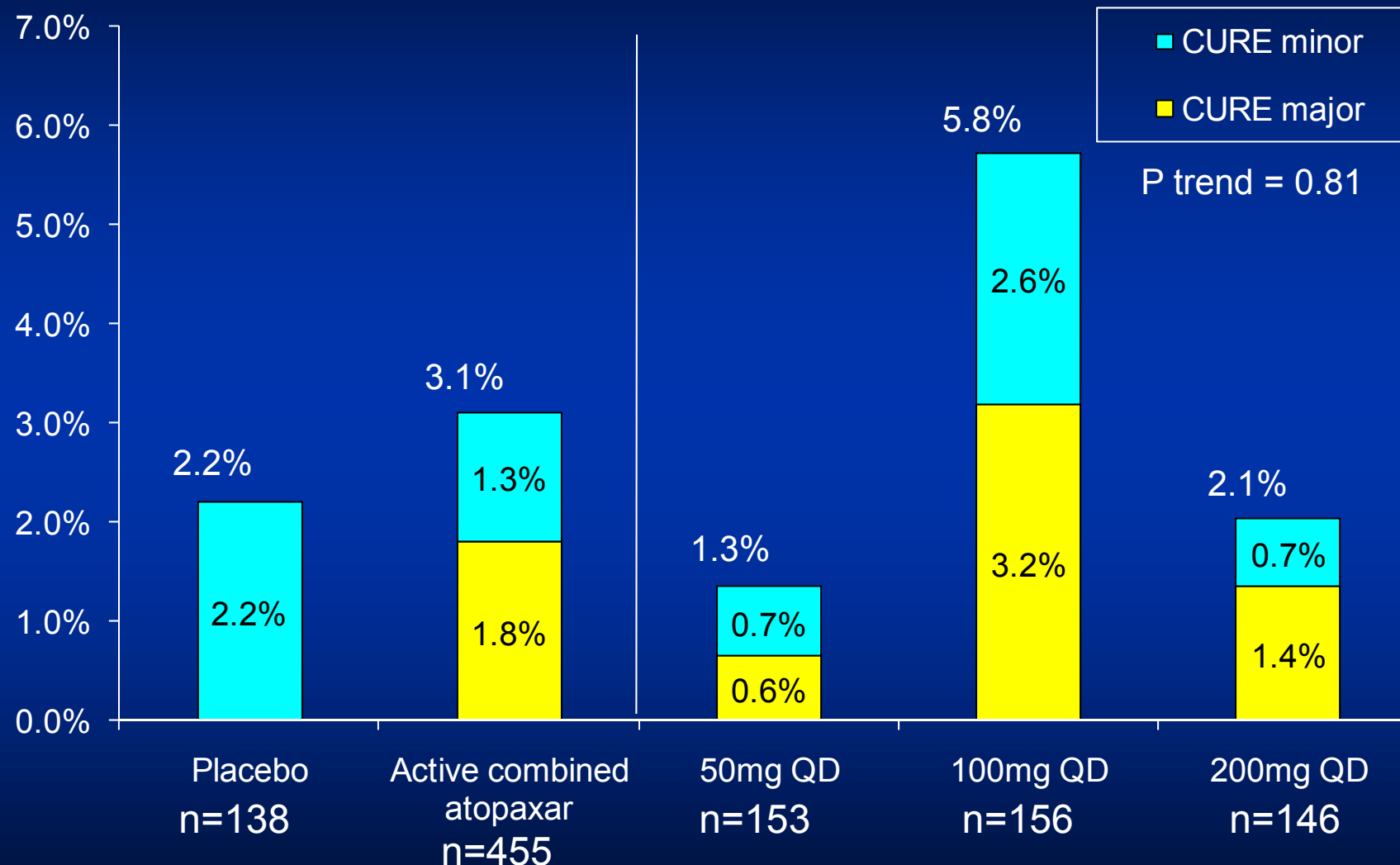
Vorapaxar...Not So Much?

In the TRACER study, patients will discontinue study drug and investigators are to begin now to close out the study in a timely and orderly fashion.

In the TRA-2P study, study drug...will be immediately discontinued in patients who experienced a stroke prior to entry into the study or during the course of the study.



Incidence of any CURE Bleeding



Relative Risk (95% CI)
vs. placebo

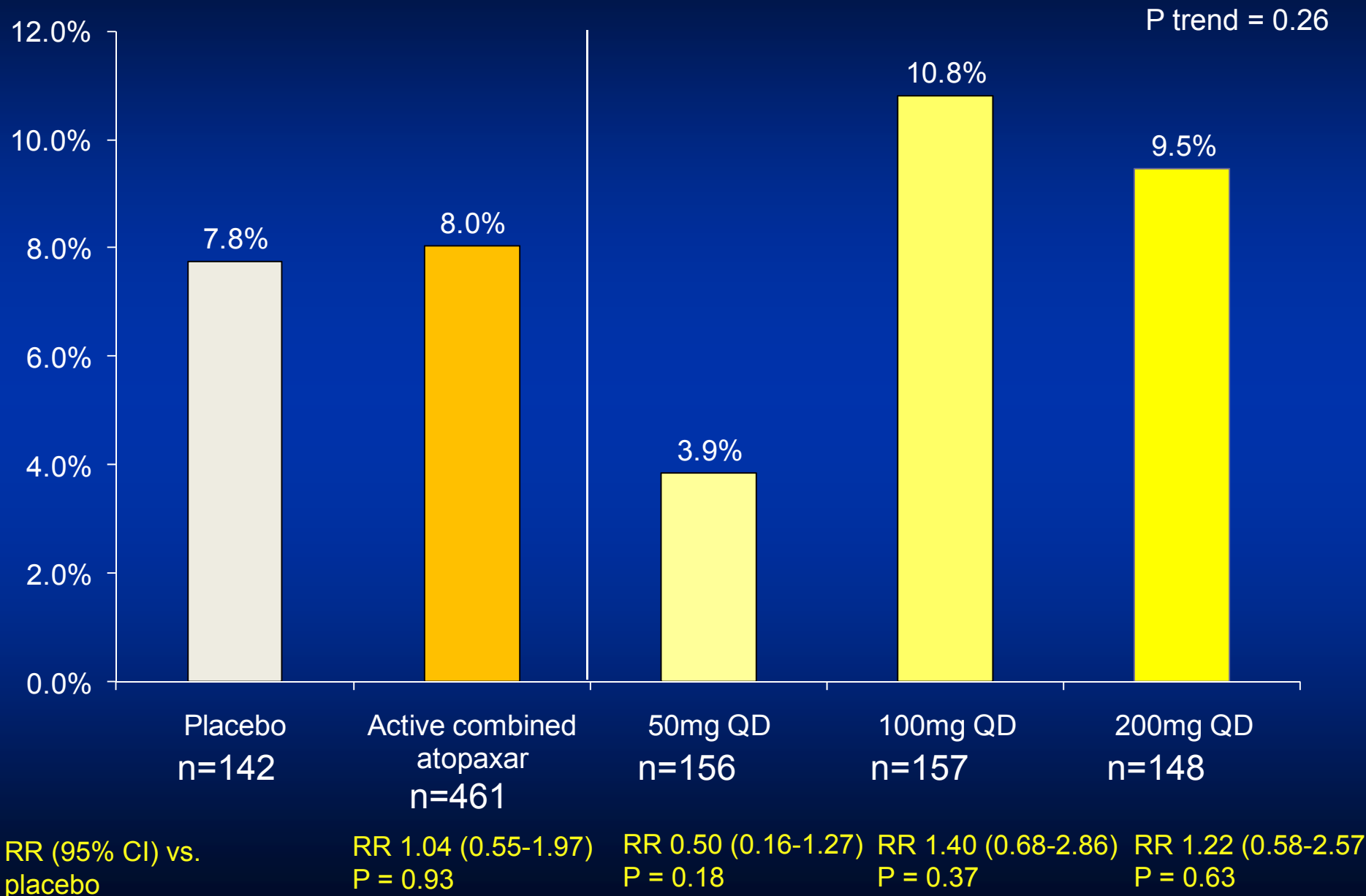
RR 1.42 (0.44-4.8)
P = 0.63

RR 0.60 (0.11-3.00)
P = 0.62

RR 2.65 (0.78-10.3)
P = 0.13

RR 0.95 (0.18-5.04)
P = 0.99

Incidence of CV death, MI, Stroke, or Recurrent ischemia



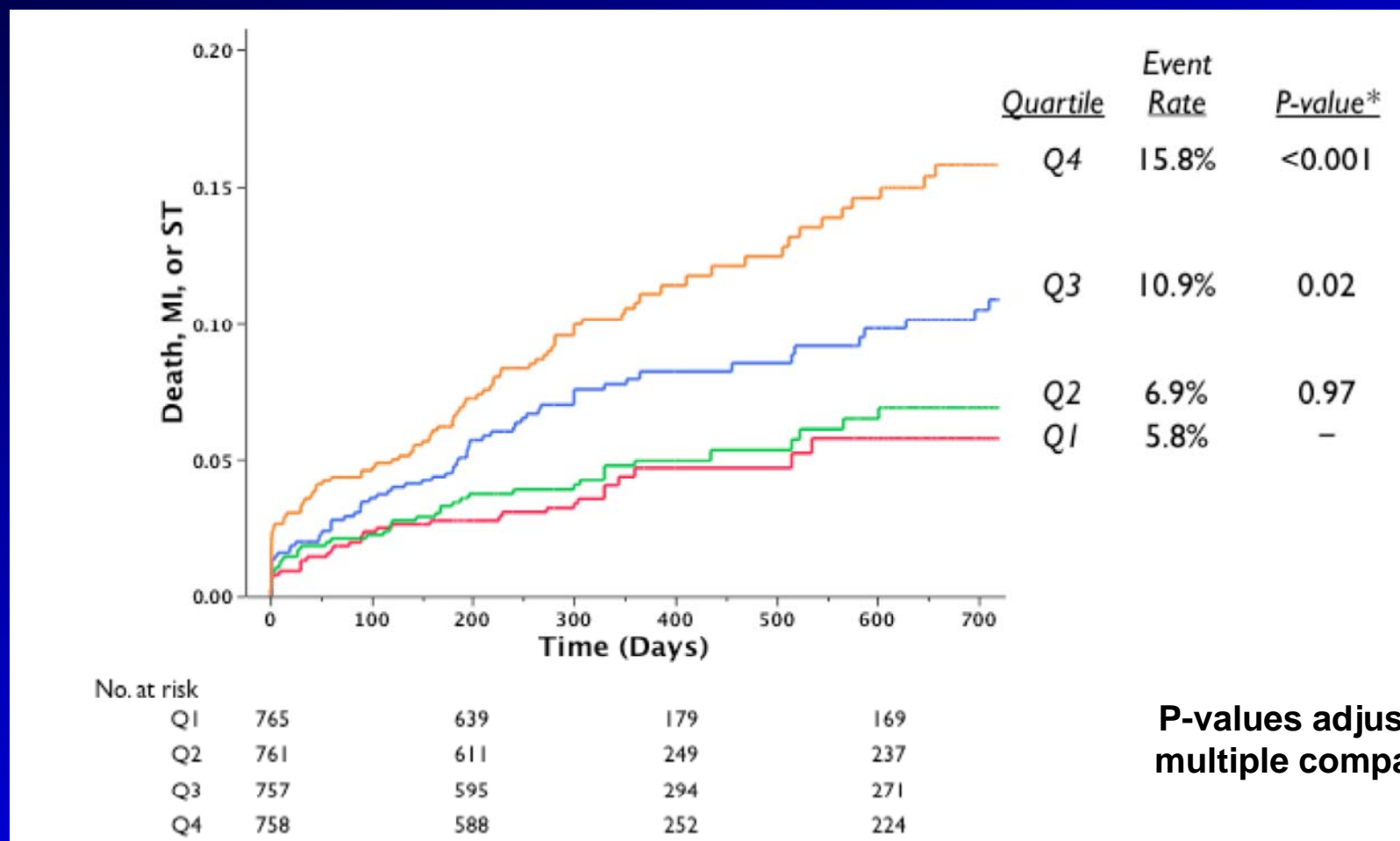
[illegible]

- a dimeric GPVI/Fc fusion protein and the extracellular domain of the human GPVI platelet receptor.
- binds to collagen and fibronectin in atherosclerotic stable or ruptured plaques

Can We Do Better With our CURRENT
Agents?

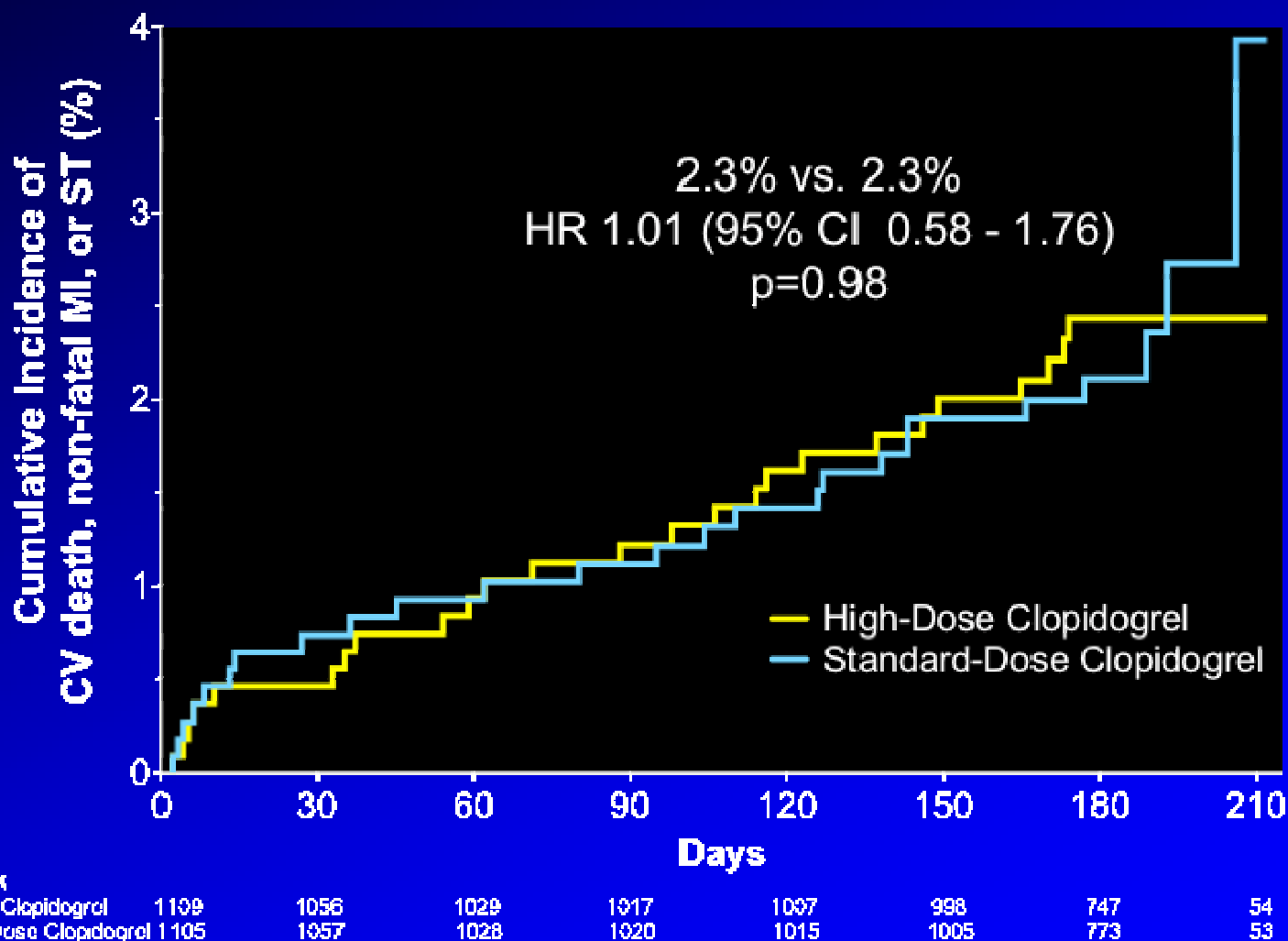
Meta-Analysis of OTR and Ischemic Events Post-PCI: Increasing Risk With Greater Residual Reactivity

N=3,041



P-values adjusted for multiple comparisons

GRAVITAS: Standard- vs High-Dose Clopidogrel in Patients with High Reactivity after PCI (≥ 230 PRU)

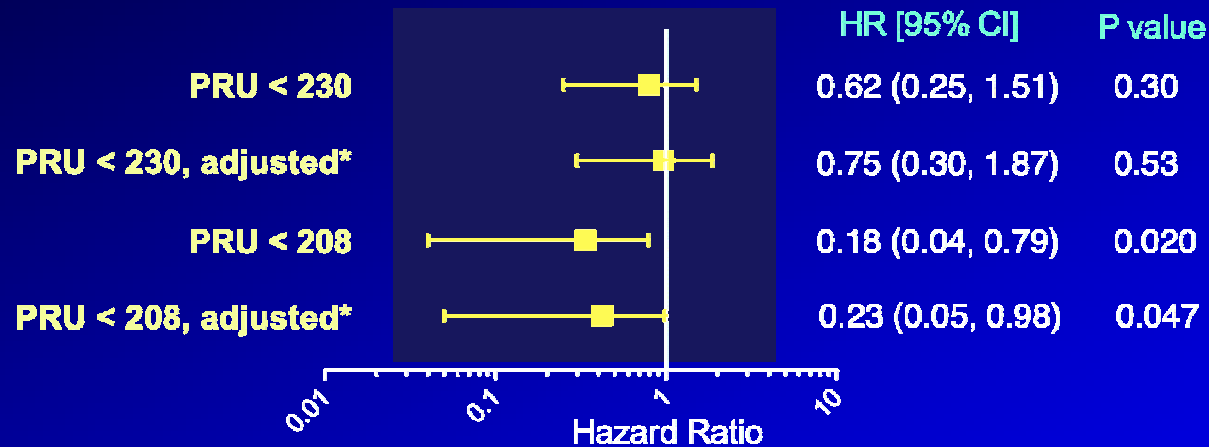


Observed event rates are listed; P value by log rank test.

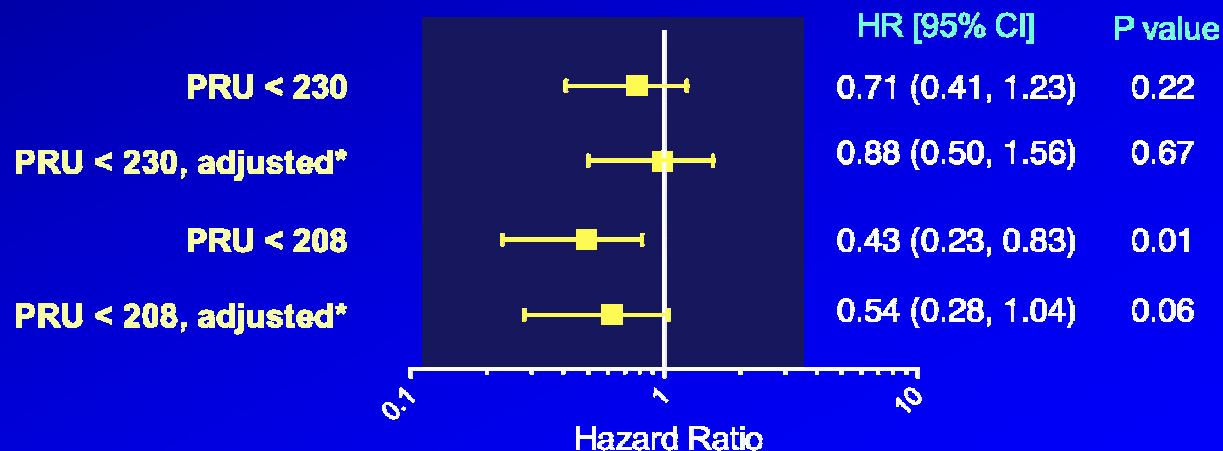
GRAVITAS: Hazard of Primary Endpoint According To Achieved Reactivity (Baseline or 30 days)

CV Death, MI or ST at 60 Days

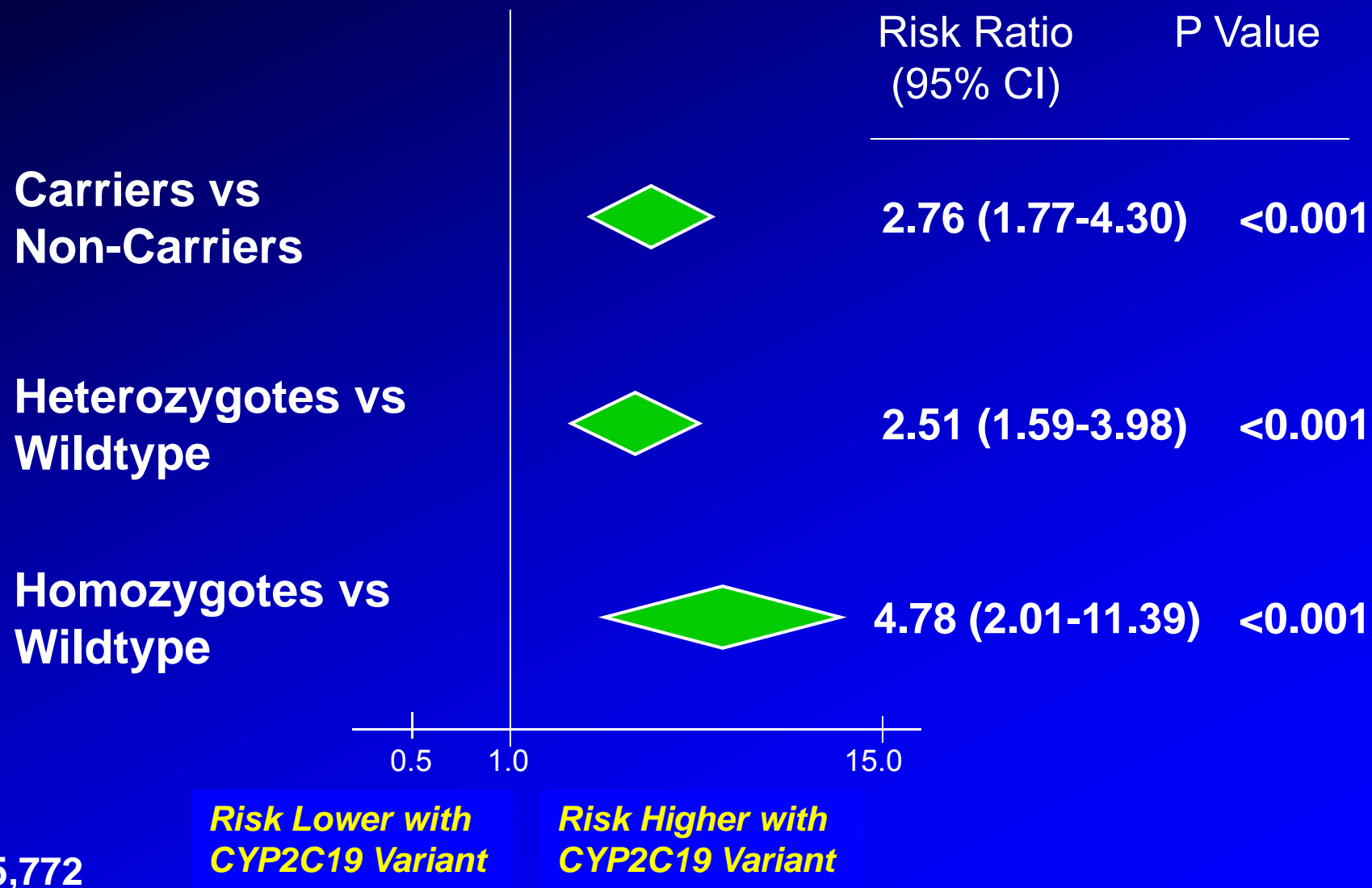
N=2796



CV Death, MI or ST at 6 Months



CYP2C19 and Stent Thrombosis In Clopidogrel-Treated Patients: A Collaborative Meta-analysis



Bedside Genotyping Has (Almost) Arrived!

Sample to result turn-around times < 4 hrs



- Nanosphere (3 - 4 hrs), Spartan (1 hr), Quest (1 hr)
- Whole Blood/Buccal Swab
- Includes nucleic acid purification step
- Can run single samples (no need to batch)
- Minimal pipetting – run in cath lab, holding area, or clinical lab

Now And The Future: The Challenge

- Ischemic events are frequent after PCI for ACS.
- Novel antiplatelet agents in the pipe line do not appear to overcome all the limitations with the current agents.
- Individualized antiplatelet therapy may allow us to use our current drugs more smartly.
 - *Rapid* genotyping platforms will help.
 - Adequately powered RCT's using more potent agents in elective PCI will require very large sample sizes, need special attention to net clinical benefit.
 - The absence of data is not the same as the data of absence!